

PLAY!
More **GENDER**
SENSITIVITY
through
IMPROVISATION



*'Let's discuss sensitive topics' -
Sharing Public Spaces*



WHY A **WORKSHOP** OR **TRAINING?**

MANY NEWCOMERS COME FROM COUNTRIES WHERE MEN AND WOMEN LIVE SEPARATELY IN THE PUBLIC DOMAIN, MAKING GENDER EQUALITY AN UNKNOWN — AND SOMETIMES — UNCOMFORTABLE CONCEPT.

How?

With the **playfulness** and **light-heartedness** of **improvisation theatre**, **sensitive and essential topics** can be **discussed** around themes as **honour and shame, power and love, and individual as well as collective responsibility.**



Goal

Facilitate the connection between natives and newcomers on topics that really matter.





GENDER SENSITIVE

Insight in the value of **gender equality** creates room for **understanding** and **connection**.

The Power of Improvisation

The world we live is becoming increasingly complex, volatile and uncertain. It's sometimes difficult to keep up with fast changing circumstances. We continuously **improvise** to adapt.

War, crises and fleeing from one's home country have a double impact on people, requiring them to become 'Masters of Improvisation' out of sheer necessity. But, a **new** challenge starts when newcomers settle down and have to adapt to their new living environment. At the same time hosts face the need to acquaint themselves with their new co-citizens. **This is the best moment to meet, connect and exchange.**

Be the change you want to see in the world.

Due to the playful, positive and impactful character of improvisation (PLAY!) participants are empowered and enabled to build strong connections. It generates proactivity, self-reliance, spontaneity and autonomy. It is **unorthodox** and **powerful**.

The deeper the knowledge, insights and experiences of gender equality and human rights concepts, the smoother the integration process and the stronger the cohesion within the community.

Testimonials

“Exactly what we needed. It’s creative and generates positive vibes.”

“**THIS** is how you connect in a totally new and awesome way. Effective and very surprising!”



Applications?

- An additional, playful and fun integration training.
- Getting to know each other for newcomers and host neighbourhoods and other host communities.
- Powerful tool for dialogue between volunteers, professionals and newcomers.

Target audience

- Groups consisting of newcomers and natives (volunteers and professionals)
- Educational institutions, municipalities, refugee organizations, social work and other organizations that are looking for innovative and powerful additions to the regular integration programs.



Training results

- An open and positive mindset.
- A constructive attitude.
- Better and stronger individual connections with others caused by appreciation and less judgment.
- Insights in civil rights and duties in public and private life.
- Improved multicultural awareness of host culture and culture of home countries.
- More insight in the value of gender equality creates room for understanding and connection.
- More insights in individual assumptions and expectations regarding social roles/ gender.

Methodology:

- Participatory methods and work forms.
- Interactive techniques.
- Special attention for the established PLAY!-method.
- Action plans to ensure consolidation of new learnings.

“**Eye-opener**
by being
confronted with
my own
assumptions!”

An initiative of:

Nicolien Zuijdgheest has vast work experience as an Arabist and trainer in the Middle East and North Africa for humanitarian and international organisations, with special focus on Women, Peace and Security, gender and cultural diversity. She is an allround trainer and facilitator, and academic teacher. As expert she is connected to the Dutch great Middle East Platform:
<http://hetgrotemiddenoostenplatform.nl>.

Raymond van Driel is an academic teacher in communication, collaboration and leadership, an experienced improvisation trainer and board member of the global network of Applied Improvisation Professionals:
<http://www.appliedimprovisation.network>. He regularly gives improvisation training to organizations like WarChild and initiated charity projects in Ghana and Nepal. Currently he is a member of BRACED: Building Resilience and Adaptation to climate Extremes and Disasters:



PLAY!

*We love to learn and adapt;
our product gets better with
every workshop and each
single participant.*



IN COLLABORATION WITH CONSULTANTS FROM VARIOUS
CULTURAL BACKGROUNDS:

'TOGETHER WE'RE RICHER AND STRONGER'

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